





Newsletter



Issue #18

Week: 24th-27th June 2024

Kumusta, ayubowan, kia ora e te whanau,

Hauroko Hangi - Thank you for joining us in celebrating Matariki - the Maori New Year. We celebrated by sharing our learning across the term with classroom visits to view students' work. Spending time together to reflect on the halfway mark of our school year, enables us to refocus for the second half ahead. Perfect timing with mid year reporting and then follow up parent-teacher conferences. A strength of Hauroko Valley Primary School is the partnership we have with our home and school relationships. Thank You for all of your contributions!

Young Einsteins - Congratulations to our Young Einsteins who faced a variety of rounds in the annual challenge against over 20 teams in each year group - Year 5&6, and Year 7&8. Our crew comprised Mason, Caitlin, Finley, Jake, Isaac, Angus, Tori, Flynn, Briar, Sam, Boe, Libby, Paetyn, Oliver, Fergal, and Maddi. The team including Caitlin, Isaac, Jake, and Angus had a nail-biting playoff against Dipton, with additional time, and three extra questions. Dipton won 1/3 and Hauroko won 2/3 = 2024 Champs!

Mid Year Reports - Classroom teachers completed mid-year reports for each student who has been attending Hauroko Valley Primary throughout Terms 1 and 2 of 2024. Our format includes information about Attendance, Curriculum Levels for Reading, Writing, and Mathematics. The placement of children indicates their current year level and then indicates where they are currently achieving. A general comment is also shared. Thank you for following up with reports through parent-teacher conferences. If you didn't get in to see your child's teacher, don't hesitate to make a time with classroom teachers, early next term. Celebrating and sharing learning and collaborating for the next steps, and how to help at home is key.

Technology - Our Year 7&8 learners completed, their final module - Woodwork at Waiau Area School this week. That concludes the Technology Curriculum of Hard and Soft Materials. We are fortunate to have innovative teachers who have provided a range of activities for students, thanks to Sally and Alice for making this happen. We appreciate Mr Warwick for tutoring our students in developing their woodwork capabilities and completing high-quality products. Thank you to Waiau Area School for supporting us in delivering Technology to our Senior Students.

Concerns and Complaints Procedure - At Hauroko Valley Primary we have a procedure to follow for concerns and complaints. Most concerns can be resolved informally through discussions with the people involved. For all involved, it is recommended that a time is arranged where this can be discussed privately. This enables an allocated focus, while also allowing the people connected to discuss issues, while preserving the integrity of all involved. We value our partnership between home and school so take the time to understand the concern, through open and honest dialogue. At times, there may be a need to follow up as per the concerns and complaints procedure, as included in the newsletter.

Social Media - Please see the additional information included in our newsletter, about Social Media. There are reminders in regard to Social Media use at Hauroko Valley Primary School. This is for students, staff, and the community. We know you will understand the guidelines are there to learn, guide, and protect us all.

AgriKids - We wish all the best to Oliver, Sam, and Tomas who head to the National Young Farmers Grand Finals for 2024 in Hamilton next week. Thank you to those who supported their fundraising each week with the purchase of American Hotdogs. Also to those who have assisted in growing their knowledge and skills in preparation for the challenges ahead.

Thank you for your support throughout Term 2, it has certainly been a busy time where we have managed to keep our structured morning programmes, while providing a range of additional learning opportunities for our learners. As we head into Term 3, and for many of our families into calving and lambing, we tend to reduce our busyness. This doesn't mean we reduce opportunities, we endeavour to always provide engaging programmes. It means we work hard to not require as much support with transport etc.

Term 3 brings Poetry Recitals for our Year 1-3 students, Speeches for Year 4-8 students and Winter Sports continues for our hockey teams competing in the Invercargill Competition. There is the Southland Science and Technology Fair for our Year 5-8 students. Discovery Time on Thursday afternoons for our Year 1-3 learners and 4-year-old friends. Our Year 7&8 learners are going to support us with the delivery of clubs for our Year 4-6 students. This will give our Year 7&8 students leadership opportunities in a specialist field, while also supporting us to provide a variety of options.

Social Media

Cybersafety with John Parsons

Thanks to Rotary Southland for supporting us in bringing John Parsons to Hauroko Valley Primary School. John is a Cyber Safety and Risk Assessment Consultant. He works with education, health and private sectors, providing specialist advice and direction on the safe and ethical use of Digital Communication Technology. His work is to support keeping our children safe. John spoke with each class, providing an entertaining but educational how to stay safe online, age-appropriate to our year groups. He also gave parents guidelines to help keep children safe while at home and recommendations for educators to maintain professional boundaries, as part of our Teachers Council Codes and Standards.

Safe and responsible use of digital technology

In keeping with our whole-school approach to student well-being, Hauroko Valley Primary School promotes the safe and responsible use of digital technology as a shared responsibility.

At Hauroko Valley Primary School, we maintain a safe and responsible digital environment by:

- · setting and sharing clear requirements and expectations about acceptable and unacceptable digital use
- ensuring that members of the school community commit to these guidelines by signing the appropriate use agreement outlining requirements and expectations
- reviewing these digital technologies use agreements annually
- educating students about the digital world, including understanding privacy and copyright laws, staying safe online, and protecting digital devices
- encouraging our students to be confident, capable, and competent in their use of digital technology by supporting them to:
 - develop digital literacy skills
 - be aware of digital technology challenges and manage them effectively
 - · demonstrate honesty, integrity, and ethical behaviour in their use of digital technology in line with digital citizenship
- · using helpful resources (e.g. Netsafe) and supporting staff training and professional development
- encouraging students and staff to continue practising positive digital technology behaviours when not at school.
- we also create a safe digital and online environment through supporting policies.

The school maintains the right to monitor, access, and review digital technology use on school equipment and the school network, including school-owned email accounts. The school uses a third party, such as N4L, to monitor school internet use. This includes browsing history.

All staff and students have school email addresses. This is the recommended platform to use while at school.

FYI - Staff Social Media

Staff also need to be vigilant about safe and appropriate out-of-school contact with students, and parents, including through social media, texting, and emails. The following guidelines promote the positive use of social media by staff.

- consider whether it is appropriate to extend or accept friend or connection requests with parents, students, or others involved with the school
- consider how personal content posted by them, or about them, may reflect on the profession and the school
- consider how liking, sharing, or following social media content may imply support for a point of view
- · understand there is no obligation to respond if students or school whānau make contact through personal social media
- use a non-school email address for personal social media interactions
- · not use personal social media during school hours/time.

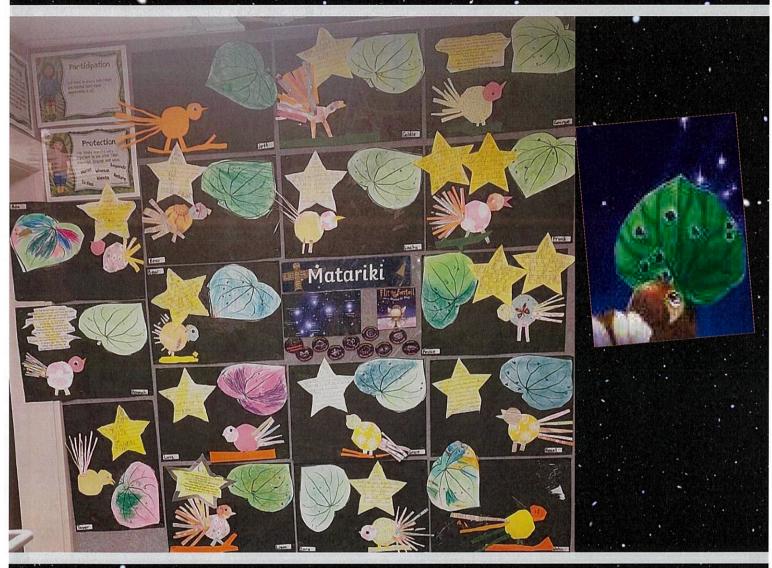
Social Media Concerns

We encourage parents to contact the school when issues arise. If you have a concern, please don't hesitate to let us know before sharing negative personal views with others online or otherwise. Look at our Concerns and Complaints Policy.

Social networks are public, so we need to keep working to protect the privacy of individuals and their personal information. NetSafe's 'Learn, Guide, Protect' model supports us with teaching and learning tools to utilise as preventative strategies. Thanks for supporting us to keep our children safe and informed, and to continue to develop each learner as a responsible user of Digital Technology.

Kowhai Class - Matariki Art

After reading the story 'Flit the Fantail and the Matariki Map, Kowhai class created our own leaves with the matariki cluster in them. We used pencils to make the holes in our leaves, in the story Kiwi used it's beak. Then we created collage Fantails.

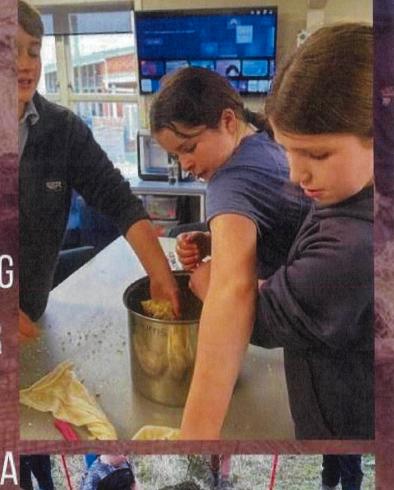


Gadgets and Gizmos We have been learning about Wind Power. Using wind to power some gadgets and gizmos. Using a gizmo to create wind.



HANGI 2024

MONDAY WAS HANGI PREPARATION DAY, INCLUDING PEELING VEGETABLES, CUTTING ONIONS, MAKING STUFFING AND HELPING OUT IN OUR SCHOOL BACK PADDOCK TO PREPARE THE PIT. RATA STUDENTS PUT IN A LOT OF EFFORT, BY THE END OF THE DAY WE ALL SMELT LIKE ONIONS!!! BY MADDI





Rātā's Hangi Writing

Crunch, snap, mmm. The taste, the smell gives me butterflies. We pulled the leaves off the cabbage and lined the kai baskets. Once they were lined we filled the cracks and creases with watercress. After that, we went to the classroom and filled the musliN sacks with meat and veggies. Later on, we put the sacks filled with meat on the bottom of the baskets and the veggies on top. Then we lifted them onto the truck and took them over to the paddock to put them into the ground.

By Cassie

I saw the steam rising as the digger scraped closer and closer to our 2024 Hauroko Hangi. The first smell that hits my palette is the pumpkins that took us hours to prepare. I hear the excited conversations of some parents and children. My stomach rumbles. "Oh hurry up! I'm hungry!" say to myself. I watch intently as they lift the dirty blankets. Underneath the steamy hot blankets, the kai is there. I get a sudden whiff of all of the yummy meat. Oh I can't wait to eat!

Libby

My feet scattered along the hard, cold, concrete floor, getting one step closer to the kai. As it was placed on my soft, white plate, steam was coming off like a volcano exploding. Once my plate was full of smokey food, I sat down on a sandy piece of wood. I moved my shaky, cold hands toward the soft, stringy, and orange pumpkin. It soon began to melt in my mouth. I used my wooden fork to strip the long pork. It entered my mouth with my teeth waiting to nibble away. "What

great kai." I mumble under my breath. By Sienna

Hot food lined the tables, still steaming from the hangi. The unusual but tasty aroma wafted up to my nose, making me eager for a bite. People slowly shuffled forward, impatient for their dinner. Wooden cutlery and paper plates lay on the table, the piles gradually shrinking. The food, mouth-watering, appetising, delectable, was served onto plates as people walked by. The meat itself looked juicy, fresh, and dripping with smokey flavour. Vegetables that we so carefully peeled, lay in metal containers and on people's plates. Napkins were being passed along the line, along with the wooden cutlery. I heard people happily rave about the scrumptious food, making me more keen for a morsel than ever. Slowly, but surely, my turn was coming. By Paetyn

Tuesday 25th of June ...

My tummy started to rumble, I couldn't wait to eat some kai.

"Have some kai," Mrs Waikato explained The steam got my attention, I stepped into the line thinking of the moist, crispy meat or the yummy plush potatoes, pumpkin, and kumara. I saw so much scrumptious food, my eyes lit up. The steam reminded me of the puffy clouds.

Seeing everyone with their food made me hungry. Finally, the food plopped onto my plate. "I better eat up before my food gets cold!" I had thought.

I really enjoyed the tucker. It made my day. By Maddi

I walked outside the warm Rata class to find the kai baskets we were to put the food in.

Mrs Dobson instructed us to line the baskets with cabbage leaves. Me, Daniel, Sam, and Louie began the task. We each picked up a cabbage and started to rip the wet, cold leaves off and place them carefully on the kai basket. As I tore off each individual layer, I noticed that the colour got lighter and lighter. This task repeated the same process, rip, place, rip, place. I had just been through I and a half cabbages! I am wondering how long It would take to finish, or if my work has paid off. I go to get another cabbage. I peered into the box, just to find out that they had all been used! One was probably eaten by Daniel.

MATARIKI

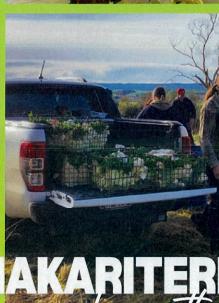
















KSOM

To conclude Term 2, we've had a feast of music from the Kennedy School of Music. First, the tutors performed a concert of songs for us to enjoy. They introduce each instrument and showcase this during the concert. We love providing our students with these opportunities.

Hauroko Valley has several students learning music with KSOM and so performed in a concert, for their friends and family.

Drums - Archie, Jack M, Lola, Jonty, Axel

Keyboard - Hannah, Bear

Singing Solo - Sadie

Choir Group - Nelly, Caitlin, Harper, Georgia,

Tori

Guitar Solo's- Lauren, Stanley, Alfred, Fergal

Guitar Group - Hadlee, Griffin, Isaac, and

Mason

Bass - Briar

Electric Guitar - Memphis, Cohen

Ukulele - Hazel, Abby, Eve

We can confidently say "HVP has got TALENT!"





















CONCERNS & COMPLAINTS

Most concerns can be resolved informally by discussions with the people concerned.

Your concern is general in nature or

involves a particular student or staff member.

Contact the person involved to arrange a time to discuss the matter privately. Indicate what the concern is about and let them know if you'll bring a support person to the meeting.

If the concern is about a student, contact the student's teacher (or principal).

Meet with the person involved to discuss the matter.

Be prepared to listen to different points of view and try to work towards a resolution.

This may require another meeting

and/or involve the principal.

Is the matter resolved?
Provide feedback as to whether you were satisfied with the outcome, or if the issue is not resolved.

No further action required.

NB: Unless there are exceptional circumstances, a complaint will not be considered unless the correct process has been followed. You may be directed back to the staff member or principal to follow the process.

Your concern has not been resolved by meeting with the person concerned or does not involve a particular student or staff member or you do not wish to approach the person

concerned.
or involves the principal or a trustee (board member).

Contact the principal or board member (as appropriate) to arrange a time to discuss the matter privately. Indicate what the concern is about, any steps taken to resolve the matter, and let them know if you'll bring a support person to the meeting.

Meet with the appropriate person (as above) and discuss the matter. Be prepared to listen to different points of view, and try to work towards a resolution.

The principal may involve any people to help resolve the concern.

Is the matter resolved?

Provide feedback as to whether you were satisfied with the outcome, or if the matter is not resolved.

Your concern has **not** been resolved by previous steps or your concern is more serious or your concern is serious and it's not appropriate to contact the principal about it.

You can make a formal complaint.
See the school's Making a Formal Complaint
or Serious Allegation procedure
(SchoolDocs).

Put the complaint in writing (email or letter), giving as many facts and details as possible, and any steps taken to resolve the matter. Include your name, signature, and contact details.

Send to the principal, board chair, or deputy board chair, as appropriate.

Your complaint will be acknowledged. The school will decide whether a formal investigation is necessary or appropriate. See the Making a Formal Complaint or Serious Allegation procedure (SchoolDocs).

If a formal investigation is required, subject to privacy, confidentiality or other ethical and legal requirements, the school may keep you informed about the investigation process and timeframes, including confirmation of when the matter is concluded.

Once a formal complaint has been resolved, there are no further avenues to pursue the complaint with the school. If you are not satisfied with the outcome of your complaint, you are encouraged to take advice and may wish to consider contacting other agencies. See the school's Making a Formal Complaint or Serious Allegation procedure (Schooldocs).

CYBER SAFETY TIPS FOR PARENTS

The world is at their fingertips, so let's keep an eye on them John Parsons C21



www.facebook.com/johnparsonsS2E www.Citizen21.co.nz

ADVICE FOR PARENTS OF YOUNGER CHILDREN



- When taking pictures of your children, ask their permission. Then turn the
 camera around and ask them if they like the picture or not. If they don't, offer to delete it.
 The sooner we give children the right to control their own identity the sooner we will
 'power them up' to protect it.
- When you go to weddings, barbecues and other family events, give your child your phone/camera and let them be the official photographer at the party.
 Teach them to ask permission of the guests before taking the picture. This will show your child from a young age that someone's identity is important.
- Teach your children not to post pictures online of themselves sitting in their bedroom. Their bedroom is their private sanctuary, a place to feel safe. If it is exposed online, they may appear vulnerable.
- Teach them never to ignore their 'butterflies' and their gut feelings. When they do get butterflies, let them know the butterflies are their friends trying to help them. Teach them in these moments to take a deep breath and tell you what is worrying them.
- Teach them if they see something on a computer that upsets them or worries them to simply close the lid or just look away from the screen and come and tell you. Let them know you will give them a big hug for telling someone they trust.
- Don't let your child surf the internet indiscriminately. Just as we don't want
 young people visiting certain locations in towns or cities, we should regard the
 internet in the same way. Paedophiles use specific techniques to attract minors
 to them. Get your child to think about creating a road map before they go online.
 Ask them to tell you who or what they are visiting.





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CYBER SAFETY TIPS FOR PARENTS

The world is at their fingertips, so let's keep an eye on them John Parsons C21



Nurture, Love and Guardianship

The three most important assets a child needs to use technology safely are self-control, empathy and a strong sense of self-worth and all of that can be found in a home that nurtures, loves and protects the child.

The most important relationship a child has is the one they have with family it is not the one they have with technology. *John Parsons C21*

- 1) Become your child's "friend" in any social network environment they create.
- 2) Maintain easy access to your child's profile via their log in.....you will see everything.
- 3) Ensure that you can always have access to your child's phone to help them stay safe (i.e. it is not a no-go area) and check the quality of how they are communicating with others. Talk about how they connect and communicate with friends. *Is it consistent with the values of your family?*
- 4) Educate your children about the importance of protecting family and friends imagesteach them to seek permission of another before they send or upload images to the internet.
- 5) Try to always maintain open lines of communication with children. Do not over-react if you see something that alarms you or makes you angry.... share your concerns, and always talk about the issues and how they relate to them and their friends safety.
- **6)** Agree on a time in the evening to stop using the technology within the home...that's everyone. "Remember, what we model today will either come back and embrace us or bite us tomorrow" John Parsons.
- 7) Talk/ask about their friends and social activity as a way to reduce the opportunity for cyber-separation to develop.....encourage being open about new friends and what they are up to, and who their parents or guardians are. When in doubt, call the parents and introduce yourself.

THE TEEN BRAIN: 7 THINGS TO KNOW

From the NATIONAL INSTITUTE of MENTAL HEALTH

DID YOU KNOW THAT BIG AND IMPORTANT CHANGES ARE HAPPENING IN THE BRAIN DURING ADOLESCENCE? HERE ARE 7 THINGS TO KNOW ABOUT THE TEEN BRAIN:

1 THE BRAIN REACHES ITS BIGGEST SIZE IN EARLY ADOLESCENCE.

For girls, the brain reaches its biggest size around 11 years old. For boys, the brain reaches its biggest size around age 14. But this difference does not mean either boys or girls are smarter than one another!



THE BRAIN CONTINUES TO MATURE EVEN AFTER IT IS DONE GROWING.

potential results of their decisions.

Though the brain may be done growing in size, it does not finish developing and maturing until the mid- to late 20s. The front part of the brain, called the prefrontal cortex, is one of the last brain regions to mature. This area is responsible for skills like planning, prioritizing, and controlling impulses. Because these skills are still developing, teens are more likely to engage in risky behaviors without considering the

THE TEEN BRAIN IS READY TO LEARN AND ADAPT.

The teen brain has lots of plasticity, which means it can change, adapt, and respond to its environment. Challenging academics or mental activities, exercise, and creative activities such as art can help the brain mature and learn.



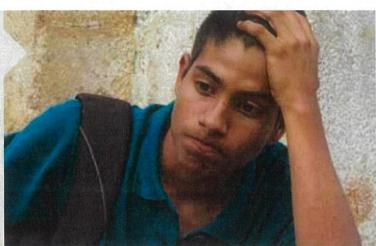
4 MANY MENTAL DISORDERS MAY BEGIN TO APPEAR DURING ADOLESCENCE.

Ongoing changes in the brain, along with physical, emotional, and social changes, can make teens vulnerable to mental health problems. All the big changes the brain is experiencing may explain why adolescence is a time when many mental disorders—such as schizophrenia, anxiety, depression, bipolar disorder, and eating disorders—can emerge.



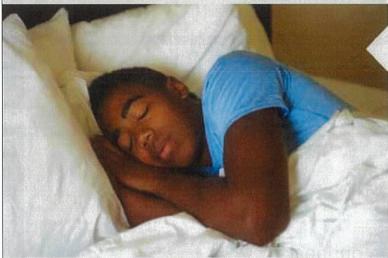
TEEN BRAINS MAY BE MORE VULNERABLE TO STRESS.

Because the teen brain is still developing, teens may respond to stress differently than adults, which could lead to stress-related mental disorders such as anxiety and depression. Mindfulness, which is a psychological process of actively paying attention to the present moment, may help teens cope with and reduce stress. More information on managing stress is available in the National Institute of Mental Health's fact sheet, 5 Things You Should Know About Stress (www.nimh.nih.gov/stress).



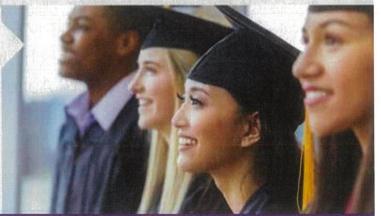
6 TEENS NEED MORE SLEEP THAN CHILDREN AND ADULTS.

Research shows that melatonin (the "sleep hormone") levels in the blood are naturally higher later at night and drop later in the morning in teens than in most children and adults. This difference may explain why many teens stay up late and struggle with getting up in the morning. Teens should get about 9 to 10 hours of sleep a night, but most teens do not get enough sleep. A lack of sleep can make it difficult to pay attention, may increase impulsivity, and may increase the risk for irritability or depression.



7 THE TEEN BRAIN IS RESILIENT.

Although adolescence is a vulnerable time for the brain and for teenagers in general, most teens go on to become healthy adults. Some changes in the brain during this important phase of development actually may help protect against long-term mental disorders.



Newsletter Issue #18 DATES & EVENTS

2024 Term Dates

Term 3 - Monday 22nd July - Friday 27th September **Term 4 -** Monday 14th October - Monday 16th

December

AUGUST

- Monday 22nd July Start of Term 3
- Monday 22nd July BOT Mtg
- Friday 16th August HVP Ski Trip optional
- Monday 19th August BOT Mtg
- Monday 19th August Speech Finals @ WAS
- Tuesday 20th -Friday 23rd August Southland Science Tech Fair

SCHOOL NOTICES

Tui Base Camp Friday Lunch Orders

Sausage & Chips \$6
Fish Bites & Chips \$5
Pies \$6
Chicken Nuggets & Chips \$5
Chips \$3
Bacon & Egg Sandwich \$6
Dagwood (Salmon or Roast Beef) \$6
Muffin \$5
Cheese Roll \$3
Scone \$5
Sausage Roll \$5





Stay "in the loop" with our communication app!

Events | Cancellations | Notices Mewsletters | Permission slips Instant notifications | Absentees

Simple free download:

In Google Play & App Store search *
'Skool Loop' & choose our organisation once installed.

School Account

If paying accounts by

internet banking,

please do so to

Hauroko Valley Primary School

Westpac:

03 1748 0030028 000

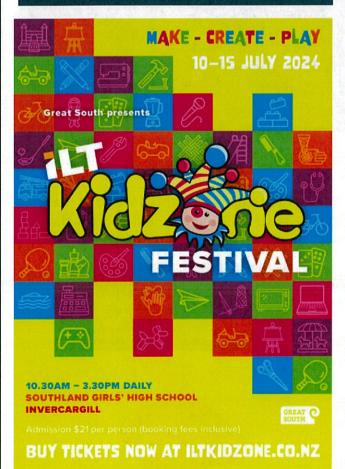
To see your child's account, download the Hero App. Register with your email address that we have for you in our records.



COMMUNITY NOTICES











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SCHOOL HOLIDAY BOREDOM BUSTERS?

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VALID UNTIL 21/7/2024

LIMIT: ONE PER FAMILY PER DAY



You'll need to do a **New Zealand Traveller Declaration** when you come back.

TravellerDeclaration.govt.nz

Te Kāwanatanga o Aotearoa

New Zealand Traveller

Whakapuakanga Tangita Haere ki Accessor



SOUTHLAND GIRLS' HIGH SCHOOL

OPEN DAY 2024 THURSDAY 1ST AUGUST

3:00PM - 6:00PM

TOUR THE SCHOOL
MEET THE STAFF AND CURRENT STUDENTS
INTERACTIVE EXPERIENCES

VISIT OUR WEBSITE FOR MORE INFO WWW.SOUTHLANDGIRLS.SCHOOL.NZ



